

## Daily Before Work Checklist

**Please complete this checklist before any in-person services. This checklist has common symptoms of COVID-19, and is intended for all Southside staff and participants to self-assess work readiness each day before coming to work. If you answer “yes” to any of the following questions, please stay home, and call your supervisor right away.**

**Wash your hands or use hand sanitizer before your ride picks you up!**

### Check for symptoms:

- Yes  No Do you have a cough?
- Yes  No Do you have a headache?
- Yes  No Shortness of breath or difficulty breathing?
- Yes  No Fever or chills?
- Yes  No Fatigue?
- Yes  No Muscle pain or body aches?
- Yes  No A new lost sense of smell/taste?
- Yes  No Sore throat, congestion or runny nose?
- Yes  No Nausea, vomiting or diarrhea?

